# Product information

## Chia seeds for pets, whole

Art.Nr.: 835501G / manufacturer: Horse and More / Kräutermanufaktur



**22,00CHF**

incl. 2,6% VAT plus Shipping

Delivery **Sat 07. Nov - Mon 09. Nov 2026**

For the ancient Maya, chia seeds were both a staple food and a remedy. Europe has now also taken notice of this “superfood” from Mexico, because these tiny seeds pack a punch. With their high content of antioxidants, calcium, potassium, iron, and omega-3 and omega-6 fatty acids, they outshine many other well-established foods.

Due to their high content of natural nutrients (rich in essential amino acids, unsaturated fatty acids, minerals, and vitamins) and mucilage, chia seeds are suitable not only for the daily nutritional needs of recreational and sport horses but also—in particular—for older and sick horses.
For horses with digestive problems, those shedding their coats, or to boost immunity and revitalize horses, you’ll see visibly rapid results with CHIA seeds.

# Product information

Chia (Salvia hispanica) is a small, oval, light-brown seed native to Mexico, whose unique composition and health-promoting properties were discovered centuries ago by the Aztecs and Native Americans. For centuries, these nutritious chia seeds were a staple food of the indigenous peoples of the Americas, who believed they possessed magical powers. Today, scientific studies have proven just how high-quality the seeds of this sage species are. Chia seeds contain many beneficial nutrients.

Chia seeds contain a particularly high-quality spectrum of amino acids. Particularly remarkable is the oil found in chia seeds, which contains more than 60% valuable omega-3 linolenic acid—one of the highest concentrations in the plant kingdom. Furthermore, chia oil is rich in natural antioxidants, including chlorogenic acid and caffeic acid. Like psyllium and flaxseed, chia is a mucilage-forming seed. These seeds are generally rich in mucopolysaccharides, which, upon contact with water, form a colorless mucilage on the surface of the seeds, thereby helping to improve the quality and consistency of stool in cases of digestive disorders. This mucus also promotes the regeneration of the intestinal mucosa, thereby reducing the risk of diarrhea.

Benefits:

• Chia is the richest plant source of omega-3 fatty acids, with an optimal 3:

1 ratio to omega-6 fatty acids• Omega-3 fatty acids support neurochemical communication in brain cells and play a positive role in maintaining neural cell fluidity•

Competitive horses also benefit from this effect and, thanks to the high content of high-quality proteins containing essential amino acids, experience stronger and faster muscle growth.

• Clinical studies have shown that essential fatty acids

can help regulate blood pressure and offer protection against cardiovascular disease• Chia seeds are gluten- and cholesterol-free and easily digestible

. Signs of joint wear and tear are always associated with inflammatory processes that can lead to joint swelling and pain. Thus, it is likely that the anti-inflammatory properties of omega-3 fatty acids can have a positive effect on the inflammatory process in the joint. Scientists have found that the omega-3 fatty acids ALA, EPA, and DHA, in particular, also influence the disease process in the joint at the molecular level.