Product information

Posture Reminder, M/L

Art.Nr.: BoT-1908000.M/L / manufacturer: Back on Track



Back on Track

49,20CHF

incl. 8,1% VAT plus Shipping

Delivery **Mon 09. Nov - Tue 10. Nov 2026**

Clothing Sizes: M/L

Posture Reminder gently reminds your body to improve its posture. The strap doesn’t provide much support for your muscles; rather, it reminds them what to do. Don’t fasten the strap too tightly—it should only tighten when you slouch. Then it encourages you to sit up straight again. Posture Reminder features a Velcro strap that makes it easy to put on, take off, and adjust while wearing it. Posture Reminder allows you to get an intense—but not overly strenuous—workout while you go about your daily activities. The belt is comfortable and unobtrusive, and can be worn every day, whether you’re at the computer or at the gym. Think of it as a gentle reminder and wear it for one to three hours at a time. Inner lining with Welltex technology to improve blood circulation.
Washing instructions: Machine wash at 40°, spin gently only. Do not use bleach. Hang to dry; do not iron; do not dry clean. Please do not use

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fabric softener.