Product information

Birk Super Relax, 1 kg

Art.Nr.: ET-BSR / GTIN: 745604152549 / manufacturer:



42,00CHF

incl. 8,1% VAT plus Shipping

Delivery **Mon 09. Nov - Tue 10. Nov 2026**

Birk Super Relax, 1
kgBirk Super Relax Horse Feed—improves concentration and combats stress
Why do horses need to relax? Helping horses relax and promoting their well-being is crucial for optimal performance and a harmonious relationship. Birk Super Relax horse feed is a natural and effective solution to support relaxation in horses. Like all other living creatures, horses can be exposed to various stressors, such as competitions, changes in their environment, clipping, visits to the farrier or veterinarian, or even intense training routines. These situations can cause anxiety and muscle tension in horses, which can impair their performance and overall health. The Birk Super Relax horse feed, containing tryptophan and magnesium, addresses these issues and also helps improve concentration. Birk Super Relax: A dietary supplement with magnesium and tryptophan to soothe horses Magnesium for muscle and nerve relaxation
Magnesium is an essential mineral that plays a crucial role in muscle and nerve relaxation. Stressed or anxious horses may have reduced magnesium levels, which can contribute to increased muscle tension and heightened anxiety. The magnesium-containing

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dietary supplement Birk Super Relax helps restore appropriate levels of this mineral, thereby promoting physical and mental relaxation in horses. Tryptophan for Mood Regulation and Serotonin Production
Tryptophan is an amino acid that serves as a precursor to serotonin, a neurotransmitter associated with the regulation of mood and anxiety. Supplements containing tryptophan help increase serotonin levels in a horse’s brain, promoting a state of calm and well-being. This can help reduce anxious behavior, irritability, and hyperactivity in horses. Benefits of Supplements Containing Magnesium and Tryptophan
The horse feed Birk Super Relax, with a combination of magnesium and tryptophan, offers several benefits for calming horses. They help reduce anxiety and stress, improve concentration, promote optimal recovery after physical exertion, and support balanced behavior.

Quality and Expertise
Quality is our top priority. All our BIRK horse feeds are manufactured in certified facilities using strict production processes and quality controls. We are proud to provide safe and effective products that meet the highest industry standards. Give your horse optimal digestion and a balanced life with our high-quality dietary supplements. Trust our expertise and our commitment to equine health. Order now and give your horse the digestive support it needs!
Feeding Recommendation

- Horse weighing 500 kg: 25 g/day
- Per 100 kg of body weight: 5 g/day

One measuring spoon = approx. 12.5 g.
A 1-kg bucket lasts for approx. 40 days at a daily dose of 25 g.
Start feeding Super Relax 3 to 7 days in advance and continue daily until the stressful situation occurs. Super Relax can be fed over an extended period.
Composition: Dextrose, magnesium oxide.
Analytical constituents per kg: Crude protein 10.2%, crude ash 17.0%, crude fat 0%, crude fiber 0%, magnesium 88.0 g, sodium 0.2 g
. Additives per kg: Vitamin E (all-rac-alpha-tocopheryl acetate) (3a700) 27,500 mg; L-tryptophan (3c440) 117,590 mg
Store Birk Super Digest with the lid tightly closed at room temperature in a dry place. Do not expose to sunlight. Keep out of the reach of children.